

The Short Introduction to Pickleball, approx 1.75 hours	revised April 2017
pickleballkelowna.com	
Dale @ pickleballkelownadale@gmail.com	
When you want to improve your game. I would suggest you Google these 2 suggestions.	
Doubles Pickleball Strategy 101 - How to Play Smart Pickleball - Ten Basic Tips by Joe Baker	
Prem Carnot - The Pickleball Guru - see his many Blog Post Topics	
The Short Introduction to Pickleball will follow this format	
These are the Basic Drills to develop Shot Making Ability	
1st	
Dinking into the Kitchen	
Feet approx 2" to 6" from Kitchen line	
Cannot volley & step into kitchen	
Practice moving sideways, not into kitchen	
2nd	
Dinking Laterally	
Feet approx 2" to 6" from Kitchen line	
Cannot volley & step into kitchen	
Practice moving sideways, not into kitchen	
Practice both Forehand to forehand and Backhand to backhand	
3rd	
Dropshot	
1st side stands 1/2 distance between kitchen line & back line	
Practice returning the ball into the kitchen, this is a dropshot	
Other side stands approx 2" to 6" from the kitchen line	
Practice returning the ball to the feet of the opposing player	
1st side now moves to just behind the back line	
Practice returning the ball into the kitchen, the dropshot	
Other side still stands 6" from the kitchen line	
Practice returning the ball to the feet of the opposing player	
4th	
Exactly same as 3rd except roles are reversed, so all players have practice making dropshots and returning ball to feet of opposing player	

5th
Serving is demonstrated, note both hard & soft serves are effective
Practice Serving
Hit the serve, opposing player catches the ball & practices hitting a serve back
etc etc
TRY hitting the ball hard as you can if you find the ball does not go very far.
6th
Play game, practice calling out the score
Scoring...starting side, starts game by announcing the score 0 0 2
0 is the score that you have
0 is the score your opposition has
2 is the server, note that only when starting the game, 2 is the 2nd server
after the start of the game...there will always be a 1st server and a 2nd server
easier to explain on the court than by description here
example
score is now 5 3 2
5 is the score that you have
3 is the score that your opposition has
2 indicates that the 2nd server is serving
example
score is now 7 3 1
7 is the score that you have
3 is the score that your opposition has
1 indicates that the 1st server on your side is serving or still serving